



1ª APUTRAIL
MARECHAL DEODORO - AL 11.8.2024
APUVENTURAS

Idnilson de Sena

INDIV.

Course : 12km Solo Masculino 40-49 anos

Distance : 11900m (Climbing 269m)

Time : 1:15:25,789 (6'20"/km)

1/6

O.K.

[Full result on Webres](#)

2. Kleber Barbosa 1:30:27,660
3. Moises Rodrigues Da Silva Neto Rodrigues 1:31:18,183

1.	71	00:12:27		2330m	5'21"/km	SUBIDA/DESCIDA
2.	72	00:17:55	00:30:22	2320m	7'43"/km	DIV CATEGORIAS / RET 6KM
3.	73	00:10:57	00:41:19	1690m	6'29"/km	RETORNO 12KM
4.	71	00:21:00	01:02:19	3220m	6'31"/km	SUBIDA/DESCIDA
5.	999	00:13:06	01:15:25	2320m	5'39"/km	CHEGADA

