



1ª APUTRAIL
MARECHAL DEODORO - AL 11.8.2024
APUVENTURAS

João Zacarias Amorim Neto Zacarias

Vida corrida

Circuit : 12KM SOLO MASCULINO

Distance : 11900m (Dénivelé 269m)

Temps : 1:24:49,453 (7'08"/km)

13/27

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|-------------|
| 1. Junior Carvalho | 1:00:07,828 |
| 2. Jose Gildevanio Da Silva | 1:05:47,484 |
| 3. Lucas Carvalho | 1:08:00,785 |

1.	71	00:13:34		2330m	5'49"/km	SUBIDA/DESCIDA
2.	72	00:19:51	00:33:25	2320m	8'33"/km	DIV CATEGORIAS / RET 6KM
3.	73	00:12:51	00:46:16	1690m	7'36"/km	RETORNO 12KM
4.	71	00:22:42	01:08:58	3220m	7'03"/km	SUBIDA/DESCIDA
5.	999	00:15:51	01:24:49	2320m	6'50"/km	CHEGADA

