



1ª APUTRAIL
MARECHAL DEODORO - AL 11.8.2024
APUVENTURAS

Fábio Ismael Barbosa

TREINO DE EQUIPES JOSEFA DE MELO

Course : 12KM SOLO MASCULINO

Distance : 11900m (Climbing 269m)

Time : 1:09:57,734 (5'53"/km)

4/27

O.K.

[Full result on Webres](#)

1. Junior Carvalho	1:00:07,828
2. Jose Gildevanio Da Silva	1:05:47,484
3. Lucas Carvalho	1:08:00,785

1.	71	00:10:38		2330m	4'34"/km	SUBIDA/DESCIDA
2.	72	00:16:29	00:27:07	2320m	7'06"/km	DIV CATEGORIAS / RET 6KM
3.	73	00:09:58	00:37:05	1690m	5'54"/km	RETORNO 12KM
4.	71	00:19:51	00:56:56	3220m	6'10"/km	SUBIDA/DESCIDA
5.	999	00:13:01	01:09:57	2320m	5'37"/km	CHEGADA

