



1ª APUTRAIL
MARECHAL DEODORO - AL 11.8.2024
APUVENTURAS

Alessandra Nascimento Lima

TREINO DE EQUIPES JOSEFA DE MELO

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 269m)

Time : 1:34:50,179 (7'58"/km)

10/14

O.K.

[Full result on Webres](#)

- | | |
|---|-------------|
| 1. Leidivania Oliveira | 1:12:45,902 |
| 2. Maria Sabrina De Souza Silva Sabrina | 1:20:10,855 |
| 3. Fatima Blaudt | 1:22:07,789 |

1.	71	00:16:21		2330m	7'01"/km	SUBIDA/DESCIDA
2.	72	00:22:04	00:38:25	2320m	9'31"/km	DIV CATEGORIAS / RET 6KM
3.	73	00:13:58	00:52:23	1690m	8'16"/km	RETORNO 12KM
4.	71	00:25:18	01:17:41	3220m	7'51"/km	SUBIDA/DESCIDA
5.	999	00:17:09	01:34:50	2320m	7'24"/km	CHEGADA

