



1ª APUTRAIL
MARECHAL DEODORO - AL 11.8.2024
APUVENTURAS

Lúcio Jorge Lamenha Lins Lins

Inspire Assessoria Esportiva

Course : 6KM SOLO MASCULINO

Distance : 8040m (Climbing 184m)

Time : 1:09:33,281 (8'39"/km)

23/27

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|-------------|
| 1. Alex Dos Santos Lima | 0:38:24,304 |
| 2. Benedito Vieira Da Silva | 0:43:50,285 |
| 3. Elias Rego Marques | 0:46:23,078 |

1.	71	00:17:04		2330m	7'19"/km	SUBIDA/DESCIDA
2.	72	00:24:06	00:41:10	2320m	10'23"/km	DIV CATEGORIAS / RET 6KM
3.	71	00:10:14	00:51:24	1100m	9'18"/km	SUBIDA/DESCIDA
4.	999	00:18:09	01:09:33	2320m	7'49"/km	CHEGADA

