

Régionale 9 circuits

SPA-Sources 27.6.2021

Hermathenae

Nicolas LUDOVICY

C.O. Liège

Circuit : H:Noir très long

Distance : 10170m (Dénivelé 300m)

Temps : 1:30:04 (8'51"/km)

8/10

O.K.

[Résultats complets sur Webres](#)

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|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:11:44 |
| 2. Simon ARNO | 1:13:27 |
| 3. Maxime LAVAL | 1:21:52 |

1.	100	00:04:59		476m	10'28"/km
2.	101	00:03:15	00:08:14	403m	8'04"/km
3.	102	00:01:27	00:09:41	158m	9'11"/km
4.	103	00:01:18	00:10:59	165m	7'53"/km
5.	104	00:01:15	00:12:14	144m	8'41"/km
6.	105	00:04:12	00:16:26	446m	9'25"/km
7.	106	00:08:10	00:24:36	777m	10'31"/km
8.	107	00:02:23	00:26:59	262m	9'06"/km
9.	108	00:01:50	00:28:49	200m	9'10"/km
10.	109	00:04:03	00:32:52	470m	8'37"/km
11.	110	00:01:36	00:34:28	205m	7'48"/km
12.	111	00:01:45	00:36:13	220m	7'57"/km
13.	112	00:02:01	00:38:14	223m	9'03"/km
14.	114	00:02:42	00:40:56	370m	7'18"/km
15.	115	00:03:17	00:44:13	355m	9'15"/km
16.	116	00:01:57	00:46:10	305m	6'24"/km
17.	117	00:01:36	00:47:46	191m	8'23"/km
18.	118	00:03:59	00:51:45	422m	9'26"/km
19.	119	00:01:50	00:53:35	223m	8'13"/km
20.	120	00:02:23	00:55:58	337m	7'04"/km
21.	121	00:02:47	00:58:45	346m	8'03"/km
22.	122	00:03:24	01:02:09	447m	7'36"/km
23.	123	00:04:11	01:06:20	511m	8'11"/km
24.	124	00:03:39	01:09:59	348m	10'29"/km
25.	125	00:07:00	01:16:59	572m	12'14"/km
26.	126	00:02:39	01:19:38	346m	7'40"/km
27.	127	00:02:20	01:21:58	289m	8'04"/km
28.	128	00:01:08	01:23:06	141m	8'02"/km
29.	129	00:02:55	01:26:01	368m	7'56"/km
30.	130	00:03:18	01:29:19	279m	11'50"/km
31.	999	00:00:45	01:30:04	115m	6'31"/km