Régionale 9 circuits
SPA-Sources 27.6.2021
Hermathenae

Bert MARIEN
K.O.L.
Circuit : H:Noir très long
Distance : 10170m (Dénivelé 300m)
Temps : 1:22:30 (8'07"/km)

5/10 O.K.

Résultats complets sur Webres

1. François VAN DER OUDERAA 1:11:44
2. Simon ARNO 1:13:27
3. Maxime LAVAL 1:21:52

1.	100	00:04:25		476m	9'17"/km
2.	101	00:03:48	*00:08:13*	403m	9'26"/km
3.	102	00:01:24	*00:09:37*	158m	8'52"/km
4.	103	00:01:08	*00:10:45*	165m	6'52"/km
5.	104	00:01:21	*00:12:06*	144m	9'23"/km
6.	105	00:03:51	*00:15:57*	446m	8'38"/km
7.	106	00:05:31	*00:21:28*	777m	7'06"/km
8.	107	00:02:13	*00:23:41*	262m	8'28"/km
9.	108	00:02:52	*00:26:33*	200m	14'20"/km
10.	109	00:03:50	*00:30:23*	470m	8'09"/km
11.	110	00:01:30	*00:31:53*	205m	7'19"/km
12.	111	00:01:51	*00:33:44*	220m	8'25"/km
13.	112	00:02:05	*00:35:49*	223m	9'21"/km
14.	114	00:02:22	*00:38:11*	370m	6'24"/km
15.	115	00:02:18	*00:40:29*	355m	6'29"/km
16.	116	00:02:20	*00:42:49*	305m	7'39"/km
17.	117	00:01:43	*00:44:32*	191m	8'59"/km
18.	118	00:02:51	*00:47:23*	422m	6'45"/km
19.	119	00:03:02	*00:50:25*	223m	13'36"/km
20.	120	00:02:03	*00:52:28*	337m	6'05"/km
21.	121	00:02:26	*00:54:54*	346m	7'02"/km
22.	122	00:03:00	*00:57:54*	447m	6'43"/km
23.	123	00:04:06	*01:02:00*	511m	8'01"/km
24.	124	00:02:37	*01:04:37*	348m	7'31"/km
25.	125	00:06:19	*01:10:56*	572m	11'03"/km
26.	126	00:02:26	*01:13:22*	346m	7'02"/km
27.	127	00:02:07	*01:15:29*	289m	7'19"/km
28.	128	00:00:51	*01:16:20*	141m	6'02"/km
29.	129	00:02:50	*01:19:10*	368m	7'42"/km
30.	130	00:02:43	*01:21:53*	279m	9'44"/km
31.	999	00:00:37	*01:22:30*	115m	5'22"/km

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