



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Adelson José Valentim

Clube de Orientação Borborema Azimute

Course : H Master A

Distance : 2860m (Climbing 55m)

Time : 1:03:46 (22'18"/km)

9/15

O.K.

[Full result on Webres](#)

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|------------------------------|---------|
| 1. Agenor Chaves de Carvalho | 0:47:02 |
| 2. Rafael Luiz Gomes Dantas | 0:48:02 |
| 3. Héd Guerreiro Cajú | 0:51:53 |

1.	124	00:00:50		92m	9'03"/km
2.	101	00:01:37	00:02:27	115m	14'03"/km
3.	107	00:03:49	00:06:16	115m	33'11"/km
4.	110	00:01:50	00:08:06	91m	20'09"/km
5.	105	00:03:18	00:11:24	166m	19'53"/km
6.	106	00:01:02	00:12:26	38m	27'12"/km
7.	104	00:02:00	00:14:26	92m	21'44"/km
8.	105	00:01:25	00:15:51	75m	18'53"/km
9.	111	00:04:58	00:20:49	196m	25'20"/km
10.	137	00:04:23	00:25:12	319m	13'44"/km
11.	138	00:05:46	00:30:58	204m	28'16"/km
12.	139	00:03:10	00:34:08	125m	25'20"/km
13.	116	00:02:27	00:36:35	126m	19'27"/km
14.	117	00:06:03	00:42:38	264m	22'55"/km
15.	113	00:08:13	00:50:51	149m	55'09"/km
16.	122	00:02:50	00:53:41	216m	13'07"/km
17.	126	00:06:18	00:59:59	172m	36'38"/km
18.	123	00:02:06	01:02:05	106m	19'49"/km
19.	127	00:01:31	01:03:36	111m	13'40"/km
20.	999	00:00:10	01:03:46	41m	4'04"/km

Orienteering Software