



# III Etapa - XVIII CPO 2024 - João Pessoa

## Circuito Mangabeira 4.8.2024

### Rota Alternativa

**Luiz Carlos Gonçalves Pennafort Jr.**  
Clube de Orientação Mandacaru Nordeste  
Percurso : H Adulto E  
Distancia : 2940m (Desnivel 60m)  
Tempo : 1:01:14 (20'50"/km)

7/9

O.K.

[Resultados completos em Webres](#)

1. Jonathan da Rosa Palinski 0:37:41
2. Marcos Batista da Silva Júnior 0:40:32
3. Luiz Eduardo Rosa Farias 0:48:07

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 126 | 00:03:23 |          | 169m | 20'01"/km |
| 2.  | 101 | 00:03:01 | 00:06:24 | 147m | 20'31"/km |
| 3.  | 110 | 00:02:32 | 00:08:56 | 133m | 19'03"/km |
| 4.  | 103 | 00:01:16 | 00:10:12 | 86m  | 14'44"/km |
| 5.  | 107 | 00:01:02 | 00:11:14 | 68m  | 15'12"/km |
| 6.  | 113 | 00:17:44 | 00:28:58 | 565m | 31'23"/km |
| 7.  | 132 | 00:01:04 | 00:30:02 | 56m  | 19'03"/km |
| 8.  | 138 | 00:01:38 | 00:31:40 | 100m | 16'20"/km |
| 9.  | 117 | 00:01:00 | 00:32:40 | 85m  | 11'46"/km |
| 10. | 140 | 00:02:48 | 00:35:28 | 133m | 21'03"/km |
| 11. | 122 | 00:02:37 | 00:38:05 | 233m | 11'14"/km |
| 12. | 111 | 00:07:10 | 00:45:15 | 211m | 33'58"/km |
| 13. | 105 | 00:04:03 | 00:49:18 | 196m | 20'40"/km |
| 14. | 106 | 00:01:20 | 00:50:38 | 38m  | 35'05"/km |
| 15. | 104 | 00:01:32 | 00:52:10 | 92m  | 16'40"/km |
| 16. | 105 | 00:01:42 | 00:53:52 | 75m  | 22'40"/km |
| 17. | 114 | 00:01:10 | 00:55:02 | 75m  | 15'33"/km |
| 18. | 127 | 00:06:04 | 01:01:06 | 382m | 15'53"/km |
| 19. | 999 | 00:00:08 | 01:01:14 | 41m  | 3'15"/km  |

Orienteering Software