



# III Etapa - XVIII CPO 2024 - João Pessoa

## Circuito Mangabeira 4.8.2024

### Rota Alternativa

**Luiz Eduardo Rosa Farias**

Clube de Orientação do Extremo Leste

Percurso : H Adulto E

Distancia : 2940m (Desnivel 60m)

Tempo : 0:48:07 (16'22"/km)

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O.K.

[Resultados completos em Webres](#)

1. Jonathan da Rosa Palinski 0:37:41
2. Marcos Batista da Silva Júnior 0:40:32

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 126 | 00:08:44 |          | 169m | 51'41"/km |
| 2.  | 101 | 00:01:38 | 00:10:22 | 147m | 11'07"/km |
| 3.  | 110 | 00:02:29 | 00:12:51 | 133m | 18'40"/km |
| 4.  | 103 | 00:00:53 | 00:13:44 | 86m  | 10'16"/km |
| 5.  | 107 | 00:00:51 | 00:14:35 | 68m  | 12'30"/km |
| 6.  | 113 | 00:06:45 | 00:21:20 | 565m | 11'57"/km |
| 7.  | 132 | 00:01:05 | 00:22:25 | 56m  | 19'21"/km |
| 8.  | 138 | 00:01:20 | 00:23:45 | 100m | 13'20"/km |
| 9.  | 117 | 00:00:57 | 00:24:42 | 85m  | 11'11"/km |
| 10. | 140 | 00:02:55 | 00:27:37 | 133m | 21'56"/km |
| 11. | 122 | 00:02:45 | 00:30:22 | 233m | 11'48"/km |
| 12. | 111 | 00:04:46 | 00:35:08 | 211m | 22'35"/km |
| 13. | 105 | 00:02:22 | 00:37:30 | 196m | 12'04"/km |
| 14. | 106 | 00:00:33 | 00:38:03 | 38m  | 14'28"/km |
| 15. | 104 | 00:02:11 | 00:40:14 | 92m  | 23'44"/km |
| 16. | 105 | 00:01:43 | 00:41:57 | 75m  | 22'53"/km |
| 17. | 114 | 00:01:08 | 00:43:05 | 75m  | 15'07"/km |
| 18. | 127 | 00:04:50 | 00:47:55 | 382m | 12'39"/km |
| 19. | 999 | 00:00:12 | 00:48:07 | 41m  | 4'53"/km  |

Orienteering Software