



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Lilia Lima Santos

Clube Neblina de Orientação e Esportes
na Natureza

Course : D Sênior N

Distance : 1070m (Climbing 20m)

Time : 1:53:54 (106'27"/km)

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O.K.

[Full result on Webres](#)

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|-----------------------------|---------|
| 1. Adriana Da Silva Pereira | 1:09:17 |
| 2. Elikah Franca Santhiago | 1:52:47 |

1.	124	00:03:18		92m	35'52"/km
2.	115	00:08:28	00:11:46	41m	206'30"/km
3.	125	00:01:20	00:13:06	74m	18'01"/km
4.	126	00:32:17	00:45:23	115m	280'43"/km
5.	120	00:15:06	01:00:29	81m	186'25"/km
6.	112	00:07:50	01:08:19	188m	41'40"/km
7.	135	00:09:47	01:18:06	79m	123'50"/km
8.	131	00:04:04	01:22:10	122m	33'20"/km
9.	130	00:29:40	01:51:50	52m	570'31"/km
10.	137	00:00:35	01:52:25	54m	10'48"/km
11.	127	00:01:11	01:53:36	83m	14'15"/km
12.	999	00:00:18	01:53:54	41m	7'19"/km

HELGA

Orienteering Software