



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Larissa Fernandes da Cunha Paiva

TRPB.Orientação

Circuit : D Sênior B

Distance : 1430m (Dénivelé 25m)

Temps : 1:42:45 (71'51"/km)

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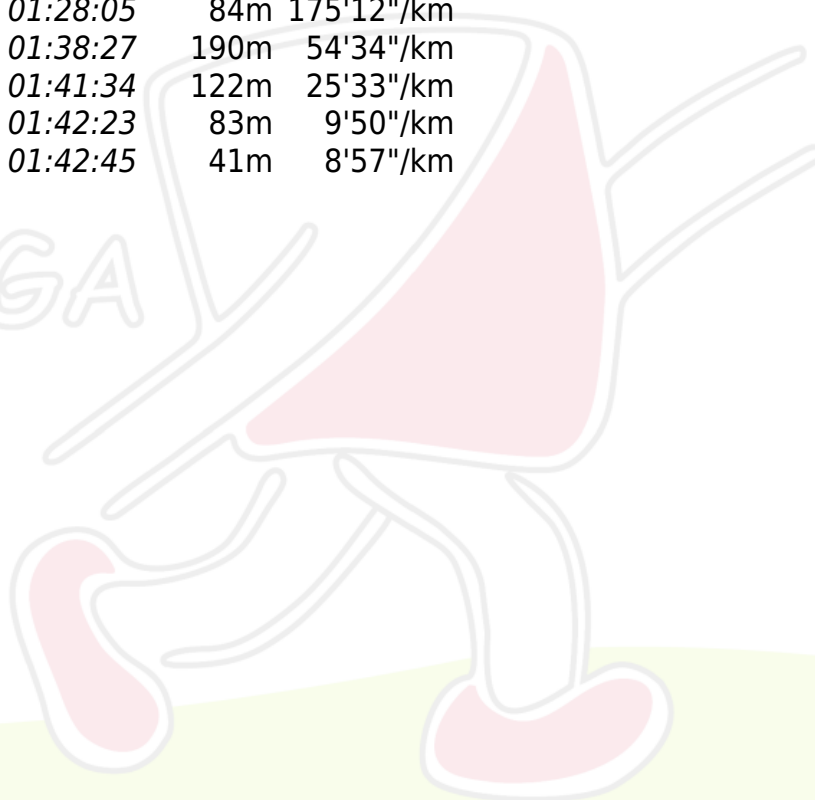
O.K.

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|-----------------------------------|---------|
| 1. Lucimary Albuquerque da Silva | 1:13:04 |
| 2. Soraya Lucio Ribeiro de Lima | 1:13:25 |
| 3. Sheylla de Kassia Silva Galvão | 1:14:47 |

1.	124	00:03:34		92m	38'46"/km
2.	125	00:04:36	00:08:10	106m	43'24"/km
3.	102	00:03:01	00:11:11	46m	65'35"/km
4.	110	00:02:59	00:14:10	52m	57'22"/km
5.	134	00:46:13	01:00:23	151m	306'04"/km
6.	135	00:09:24	01:09:47	326m	28'50"/km
7.	140	00:03:35	01:13:22	85m	42'09"/km
8.	138	00:14:43	01:28:05	84m	175'12"/km
9.	116	00:10:22	01:38:27	190m	54'34"/km
10.	137	00:03:07	01:41:34	122m	25'33"/km
11.	127	00:00:49	01:42:23	83m	9'50"/km
12.	999	00:00:22	01:42:45	41m	8'57"/km

HELGA



Orienteering Software