



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Sheylla de Kassia Silva Galvão

Clube Neblina de Orientação e Esportes
na Natureza

Circuit : D Sênior B

Distance : 1430m (Dénivelé 25m)

Temps : 1:14:47 (52'18"/km)

3/6

O.K.

[Résultats complets sur Webres](#)

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|----------------------------------|---------|
| 1. Lucimary Albuquerque da Silva | 1:13:04 |
| 2. Soraya Lucio Ribeiro de Lima | 1:13:25 |

1.	124	00:01:49		92m	19'45"/km
2.	125	00:02:10	00:03:59	106m	20'26"/km
3.	102	00:05:57	00:09:56	46m	129'21"/km
4.	110	00:01:17	00:11:13	52m	24'41"/km
5.	134	00:13:20	00:24:33	151m	88'18"/km
6.	135	00:19:57	00:44:30	326m	61'12"/km
7.	140	00:05:57	00:50:27	85m	70'00"/km
8.	138	00:04:27	00:54:54	84m	52'59"/km
9.	116	00:14:44	01:09:38	190m	77'33"/km
10.	137	00:04:10	01:13:48	122m	34'09"/km
11.	127	00:00:48	01:14:36	83m	9'38"/km
12.	999	00:00:11	01:14:47	41m	4'28"/km

HELGA

Orienteering Software