



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

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Pennafort

Clube de Orientação Mandacaru Nordeste

Percurso : D Sênior A

Distancia : 2160m (Desnivel 45m)

Tempo : 1:35:32 (44'14"/km)

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O.K.

[Resultados completos em Webres](#)

1.	125	00:04:37		163m	28'19"/km
2.	101	00:02:00	00:06:37	42m	47'37"/km
3.	108	00:05:10	00:11:47	153m	33'46"/km
4.	110	00:02:36	00:14:23	105m	24'46"/km
5.	114	00:13:55	00:28:18	92m	151'16"/km
6.	105	00:01:54	00:30:12	75m	25'20"/km
7.	111	00:11:01	00:41:13	196m	56'12"/km
8.	112	00:07:06	00:48:19	303m	23'26"/km
9.	132	00:06:05	00:54:24	174m	34'58"/km
10.	117	00:03:56	00:58:20	93m	42'18"/km
11.	138	00:10:12	01:08:32	85m	120'00"/km
12.	140	00:01:50	01:10:22	84m	21'50"/km
13.	139	00:02:20	01:12:42	141m	16'33"/km
14.	116	00:08:23	01:21:05	126m	66'32"/km
15.	130	00:09:11	01:30:16	75m	122'27"/km
16.	112	00:03:46	01:34:02	86m	43'48"/km
17.	127	00:01:16	01:35:18	80m	15'50"/km
18.	999	00:00:14	01:35:32	41m	5'41"/km

Orienteering Software