



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Maria Cristina Tavares Ferreira

Clube de Orientação do Extremo Leste

Circuit : D Master B

Distance : 1450m (Dénivelé 30m)

Temps : 1:14:16 (51'13"/km)

5/8

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------------------|---------|
| 1. Rita de Cássia de Lima | 0:56:58 |
| 2. Juliana Carla Bastos | 1:00:19 |
| 3. Ysa Helena Diniz Moraes De Luna | 1:01:57 |

1.	125	00:04:38		163m	28'26"/km
2.	101	00:01:53	00:06:31	42m	44'50"/km
3.	120	00:16:45	00:23:16	174m	96'16"/km
4.	112	00:11:49	00:35:05	188m	62'51"/km
5.	132	00:11:08	00:46:13	174m	63'59"/km
6.	117	00:02:01	00:48:14	93m	21'41"/km
7.	138	00:05:56	00:54:10	85m	69'48"/km
8.	140	00:06:53	01:01:03	84m	81'57"/km
9.	136	00:07:29	01:08:32	67m	111'41"/km
10.	116	00:01:34	01:10:06	86m	18'13"/km
11.	137	00:03:28	01:13:34	122m	28'25"/km
12.	127	00:00:30	01:14:04	83m	6'01"/km
13.	999	00:00:12	01:14:16	41m	4'53"/km

HELGA

Orienteering Software