



III Etapa - XVIII CPO 2024 - João Pessoa

Circuito Mangabeira 4.8.2024

Rota Alternativa

Isabella Resende De Carvalho

Federação de Orientação da Paraíba

Circuit : D Adulto E

Distance : 2800m (Dénivelé 60m)

Temps : 1:00:00 (21'26"/km)

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O.K.

[Résultats complets sur Webres](#)

1.	110	00:10:19		245m	42'07"/km
2.	114	00:00:49	00:11:08	92m	8'53"/km
3.	105	00:01:16	00:12:24	75m	16'53"/km
4.	104	00:03:39	00:16:03	75m	48'40"/km
5.	106	00:01:57	00:18:00	92m	21'12"/km
6.	105	00:00:49	00:18:49	38m	21'29"/km
7.	111	00:03:16	00:22:05	196m	16'40"/km
8.	112	00:03:43	00:25:48	303m	12'16"/km
9.	113	00:02:05	00:27:53	125m	16'40"/km
10.	132	00:01:14	00:29:07	56m	22'01"/km
11.	138	00:04:59	00:34:06	100m	49'50"/km
12.	117	00:01:18	00:35:24	85m	15'18"/km
13.	130	00:04:19	00:39:43	226m	19'06"/km
14.	122	00:03:03	00:42:46	155m	19'41"/km
15.	109	00:04:46	00:47:32	318m	14'59"/km
16.	108	00:02:39	00:50:11	116m	22'51"/km
17.	126	00:07:32	00:57:43	220m	34'15"/km
18.	127	00:02:08	00:59:51	189m	11'17"/km
19.	999	00:00:09	01:00:00	41m	3'40"/km

Orienteering Software