



TREINO 19 ESPCEX
CMC 1.8.2024
Clube de Orientação da EsPCEx

Alu Maronês

3ª Cia

Course : H21B

Distance : 3200m (Climbing 50m)

Time : 0:27:07 (8'28"/km)

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O.K.

[Full result on Webres](#)

2. Alu Raul 0:30:23
3. Alu Bisinotto 0:31:04

1.	31	00:01:33		195m	7'57"/km
2.	32	00:00:59	00:02:32	79m	12'27"/km
3.	44	00:00:54	00:03:26	129m	6'59"/km
4.	33	00:00:32	00:03:58	81m	6'35"/km
5.	43	00:00:58	00:04:56	149m	6'29"/km
6.	35	00:00:35	00:05:31	102m	5'43"/km
7.	34	00:00:25	00:05:56	64m	6'31"/km
8.	38	00:02:58	00:08:54	355m	8'21"/km
9.	45	00:02:47	00:11:41	250m	11'08"/km
10.	41	00:01:16	00:12:57	135m	9'23"/km
11.	42	00:00:42	00:13:39	62m	11'17"/km
12.	38	00:02:52	00:16:31	85m	33'44"/km
13.	39	00:01:18	00:17:49	139m	9'21"/km
14.	45	00:01:45	00:19:34	321m	5'27"/km
15.	36	00:01:01	00:20:35	158m	6'26"/km
16.	40	00:01:20	00:21:55	163m	8'11"/km
17.	37	00:01:02	00:22:57	131m	7'53"/km
18.	33	00:03:01	00:25:58	459m	6'34"/km
19.	999	00:01:09	00:27:07	169m	6'48"/km

Orienteering Software