



4º Treino COABOM

Escola de Agronomia - UFG 28.7.2024

Clube de Orientação Amigos dos Bombeiros

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Federação de Orientação do Distrito
Federal

Percurso : D21A

Distancia : 5000m

Tempo : 1:36:25 (19'17"/km)

5/7

O.K.

[Resultados completos em Webres](#)

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|-----------------------------------|---------|
| 1. Rheila Cristina Borges Gouveia | 1:24:47 |
| 2. Marta Martins Mendonça | 1:25:09 |
| 3. Ludmilla Borges E Azevedo | 1:28:06 |

1.	42	00:05:39		244m	23'09"/km
2.	36	00:03:02	00:08:41	179m	16'57"/km
3.	51	00:01:22	00:10:03	88m	15'32"/km
4.	43	00:05:58	00:16:01	177m	33'43"/km
5.	46	00:03:11	00:19:12	134m	23'45"/km
6.	39	00:01:45	00:20:57	107m	16'21"/km
7.	37	00:03:01	00:23:58	222m	13'35"/km
8.	44	00:03:26	00:27:24	293m	11'43"/km
9.	48	00:02:50	00:30:14	176m	16'06"/km
10.	47	00:01:46	00:32:00	135m	13'05"/km
11.	33	00:02:06	00:34:06	81m	25'56"/km
12.	40	00:05:38	00:39:44	317m	17'46"/km
13.	35	00:04:35	00:44:19	290m	15'48"/km
14.	41	00:04:24	00:48:43	288m	15'17"/km
15.	50	00:05:18	00:54:01	336m	15'46"/km
16.	32	00:03:15	00:57:16	212m	15'20"/km
17.	38	00:04:00	01:01:16	106m	37'44"/km
18.	45	00:06:18	01:07:34	365m	17'16"/km
19.	49	00:02:35	01:10:09		
20.	42	00:03:31	01:13:40	177m	19'52"/km
21.	46	00:02:48	01:16:28	119m	23'32"/km
22.	34	00:05:54	01:22:22	208m	28'22"/km
23.	51	00:03:08	01:25:30	229m	13'41"/km
24.	39	00:03:34	01:29:04	112m	31'51"/km
25.	52	00:01:48	01:30:52	121m	14'53"/km
26.	37	00:02:53	01:33:45	219m	13'10"/km
27.	31	00:02:30	01:36:15	204m	12'15"/km
28.	999	00:00:10	01:36:25	35m	4'46"/km

Orienteeering Software