



# 4º Treino COABOM

## Escola de Agronomia - UFG 28.7.2024

### Clube de Orientação Amigos dos Bombeiros

**Giselda Maria Monteiro Barbosa**

Federação de Orientação do Distrito  
Federal

Course : D21A

Distance : 5000m

Time : 1:36:25 (19'17"/km)

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O.K.

[Full result on Webres](#)

- |                                   |         |
|-----------------------------------|---------|
| 1. Rheila Cristina Borges Gouveia | 1:24:47 |
| 2. Marta Martins Mendonça         | 1:25:09 |
| 3. Ludmilla Borges E Azevedo      | 1:28:06 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 42  | 00:05:39 |          | 244m | 23'09"/km |
| 2.  | 36  | 00:03:02 | 00:08:41 | 179m | 16'57"/km |
| 3.  | 51  | 00:01:22 | 00:10:03 | 88m  | 15'32"/km |
| 4.  | 43  | 00:05:58 | 00:16:01 | 177m | 33'43"/km |
| 5.  | 46  | 00:03:11 | 00:19:12 | 134m | 23'45"/km |
| 6.  | 39  | 00:01:45 | 00:20:57 | 107m | 16'21"/km |
| 7.  | 37  | 00:03:01 | 00:23:58 | 222m | 13'35"/km |
| 8.  | 44  | 00:03:26 | 00:27:24 | 293m | 11'43"/km |
| 9.  | 48  | 00:02:50 | 00:30:14 | 176m | 16'06"/km |
| 10. | 47  | 00:01:46 | 00:32:00 | 135m | 13'05"/km |
| 11. | 33  | 00:02:06 | 00:34:06 | 81m  | 25'56"/km |
| 12. | 40  | 00:05:38 | 00:39:44 | 317m | 17'46"/km |
| 13. | 35  | 00:04:35 | 00:44:19 | 290m | 15'48"/km |
| 14. | 41  | 00:04:24 | 00:48:43 | 288m | 15'17"/km |
| 15. | 50  | 00:05:18 | 00:54:01 | 336m | 15'46"/km |
| 16. | 32  | 00:03:15 | 00:57:16 | 212m | 15'20"/km |
| 17. | 38  | 00:04:00 | 01:01:16 | 106m | 37'44"/km |
| 18. | 45  | 00:06:18 | 01:07:34 | 365m | 17'16"/km |
| 19. | 49  | 00:02:35 | 01:10:09 |      |           |
| 20. | 42  | 00:03:31 | 01:13:40 | 177m | 19'52"/km |
| 21. | 46  | 00:02:48 | 01:16:28 | 119m | 23'32"/km |
| 22. | 34  | 00:05:54 | 01:22:22 | 208m | 28'22"/km |
| 23. | 51  | 00:03:08 | 01:25:30 | 229m | 13'41"/km |
| 24. | 39  | 00:03:34 | 01:29:04 | 112m | 31'51"/km |
| 25. | 52  | 00:01:48 | 01:30:52 | 121m | 14'53"/km |
| 26. | 37  | 00:02:53 | 01:33:45 | 219m | 13'10"/km |
| 27. | 31  | 00:02:30 | 01:36:15 | 204m | 12'15"/km |
| 28. | 999 | 00:00:10 | 01:36:25 | 35m  | 4'46"/km  |

Orienteeering Software