



4º Treino COABOM

Escola de Agronomia - UFG 28.7.2024

Clube de Orientação Amigos dos Bombeiros

Ludmilla Borges E Azevedo

Federação de Orientação de Goiás

Course : D21A

Distance : 5000m

Time : 1:28:06 (17'37"/km)

3/7

O.K.

[Full result on Webres](#)

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|-----------------------------------|---------|
| 1. Rheila Cristina Borges Gouveia | 1:24:47 |
| 2. Marta Martins Mendonça | 1:25:09 |

1.	42	00:03:59		244m	16'20"/km
2.	36	00:04:01	00:08:00	179m	22'26"/km
3.	51	00:03:24	00:11:24	88m	38'38"/km
4.	43	00:03:07	00:14:31	177m	17'36"/km
5.	46	00:03:40	00:18:11	134m	27'22"/km
6.	39	00:02:07	00:20:18	107m	19'47"/km
7.	37	00:02:27	00:22:45	222m	11'02"/km
8.	44	00:02:55	00:25:40	293m	9'57"/km
9.	48	00:01:43	00:27:23	176m	9'45"/km
10.	47	00:01:14	00:28:37	135m	9'08"/km
11.	33	00:01:05	00:29:42	81m	13'22"/km
12.	40	00:03:35	00:33:17	317m	11'18"/km
13.	35	00:04:01	00:37:18	290m	13'51"/km
14.	41	00:04:13	00:41:31	288m	14'38"/km
15.	50	00:05:25	00:46:56	336m	16'07"/km
16.	32	00:03:37	00:50:33	212m	17'04"/km
17.	38	00:03:14	00:53:47	106m	30'30"/km
18.	45	00:04:52	00:58:39	365m	13'20"/km
19.	49	00:01:52	01:00:31		
20.	42	00:02:41	01:03:12	177m	15'10"/km
21.	46	00:06:15	01:09:27	119m	52'31"/km
22.	34	00:04:10	01:13:37	208m	20'02"/km
23.	51	00:03:05	01:16:42	229m	13'28"/km
24.	39	00:02:42	01:19:24	112m	24'06"/km
25.	52	00:04:24	01:23:48	121m	36'22"/km
26.	37	00:02:25	01:26:13	219m	11'02"/km
27.	31	00:01:44	01:27:57	204m	8'30"/km
28.	999	00:00:09	01:28:06	35m	4'17"/km

Orienteering Software