



NO LIMITE TRAIL RUN - ETAPA 3 - NO LIMITE TRAIL RUN

MATA VERDE - AL 28.7.2024

NO LIMITE TRAIL RUN

Joao Paulo

EQUIPE FORÇA E SUPERAÇÃO

Omloop : LIGHT TRAIL MASCULINO 18-29

Afstand : 7500m (Hoogteverschil 100m)

Tijd : 0:53:23,812 (7'07"/km)

4/33

O.K.

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|-----------------------------|-------------|
| 1. Djalma Neto | 0:51:00,152 |
| 2. Wanderson Santos | 0:51:06,687 |
| 3. Daniel Santos De Freitas | 0:52:52,554 |

- | | | | | | |
|----|-----|----------|----------|----------|---------------|
| 1. | 71 | 00:22:44 | 4300m | 5'17"/km | RETORNO LIGHT |
| 2. | 999 | 00:30:39 | 00:53:23 | 3200m | 9'35"/km |
- CHEGADA

