



NO LIMITE TRAIL RUN - ETAPA 3 - NO LIMITE TRAIL RUN

MATA VERDE - AL 28.7.2024

NO LIMITE TRAIL RUN

Silmara Valentim

OS SEM RUMO

Omloop : LIGHT TRAIL FEMININO 30-39

Afstand : 7500m (Hoogteverschil 100m)

Tijd : 1:30:31,953 (12'04"/km)

6/39

O.K.

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|-----------------------------------|-------------|
| 1. Ana Lgia Barros Matias Barros | 1:06:13,332 |
| 2. Alessandra | 1:08:27,105 |
| 3. Elaine Maria | 1:15:35,957 |

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|----|-----|----------|----------|----------|---------------|---------|
| 1. | 71 | 00:35:58 | 4300m | 8'22"/km | RETORNO LIGHT | |
| 2. | 999 | 00:54:33 | 01:30:31 | 3200m | 17'03"/km | CHEGADA |

