



NO LIMITE TRAIL RUN - ETAPA 3 - NO LIMITE TRAIL RUN

MATA VERDE - AL 28.7.2024

NO LIMITE TRAIL RUN

Rafaela E Cecília

FTV

Omloop : LIGHT DUPLA FEMININA

Afstand : 7500m (Hoogteverschil 100m)

Tijd : 1:32:31,582 (12'20"/km)

13/15

O.K.

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|--------------------------|-------------|
| 1. Carla M. / Edileide F | 1:03:45,480 |
| 2. Eliane/ Gilmara | 1:07:29,632 |
| 3. Silvia E Marcia | 1:09:10,835 |

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|----|-----|----------|----------|----------|---------------|---------|
| 1. | 71 | 00:37:58 | 4300m | 8'50"/km | RETORNO LIGHT | |
| 2. | 999 | 00:54:33 | 01:32:31 | 3200m | 17'03"/km | CHEGADA |

