



PERCURSO LONGO AMAN ESPCEX

Barra Mansa 12.7.2024

CDE

Souza

AMAN

Circuit : H21E

Distance : 9100m (Dénivelé 275m)

Temps : 1:44:27 (11'29"/km)

7/13

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------|---------|
| 1. Zardo | 1:23:20 |
| 2. Anastacia | 1:29:19 |
| 3. Schmaedecke | 1:36:39 |

1.	56	00:04:31		399m	11'19"/km
2.	73	00:05:37	00:10:08	487m	11'32"/km
3.	88	00:01:35	00:11:43	142m	11'09"/km
4.	74	00:05:00	00:16:43	456m	10'58"/km
5.	75	00:04:12	00:20:55	344m	12'13"/km
6.	76	00:04:58	00:25:53	412m	12'03"/km
7.	77	00:08:41	00:34:34	1164m	7'28"/km
8.	78	00:06:09	00:40:43	561m	10'58"/km
9.	79	00:03:49	00:44:32	351m	10'52"/km
10.	92	00:02:00	00:46:32	282m	7'06"/km
11.	80	00:02:16	00:48:48	171m	13'15"/km
12.	79	00:03:34	00:52:22	320m	11'09"/km
13.	87	00:04:19	00:56:41	382m	11'18"/km
14.	84	00:02:47	00:59:28	178m	15'38"/km
15.	93	00:03:06	01:02:34	206m	15'03"/km
16.	79	00:01:25	01:03:59	215m	6'35"/km
17.	94	00:01:55	01:05:54	311m	6'10"/km
18.	82	00:11:44	01:17:38	698m	16'49"/km
19.	83	00:02:21	01:19:59	126m	18'39"/km
20.	85	00:10:18	01:30:17	784m	13'08"/km
21.	81	00:07:40	01:37:57	375m	20'27"/km
22.	90	00:02:58	01:40:55	222m	13'22"/km
23.	91	00:03:13	01:44:08	410m	7'51"/km
24.	999	00:00:19	01:44:27	114m	2'47"/km

Orienteering Software