



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Jane/luciano

ÁGUIA RUNNING

Circuit : 12 KM DUPLA MISTA

Distance : 9400m (Dénivelé 286m)

Temps : 1:53:41,304 (12'06"/km)

12/15

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|-------------|
| 1. Edvaldo E Quitéria | 1:16:12,757 |
| 2. Edson E Fatima | 1:20:45,585 |
| 3. Adriano E Val | 1:20:46,484 |

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|----|-----|----------|----------|----------|----------------------|--------------|
| 1. | 71 | 00:16:48 | 1980m | 8'29"/km | DIVISÃO DE CATGORIAS | |
| 2. | 73 | 00:46:38 | 01:03:26 | 4290m | 10'52"/km | RETORNO 12KM |
| 3. | 999 | 00:50:15 | 01:53:41 | 3080m | 16'19"/km | CHEGADA |

