



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Emerson

KAMIKAZE ADVENTURE PILAR

Course : 12 KM SOLO MASCULINO 30-39

Distance : 9400m (Climbing 286m)

Time : 1:14:43,832 (7'57"/km)

4/11

O.K.

[Full result on Webres](#)

1. Pierre	1:06:09,132
2. Ronaldo	1:12:03,687
3. Jonathan Messias	1:14:08,410

1.	71	00:13:08		1980m	6'38"/km	DIVISÃO DE CATGORIAS
2.	73	00:30:16	00:43:24	4290m	7'03"/km	RETORNO 12KM
3.	999	00:31:19	01:14:43	3080m	10'10"/km	CHEGADA

