



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Dil Bocada

SUPERAÇÃO RUNNER

Course : 6 KM SOLO MASCULINO 50-59

Distance : 6000m (Climbing 180m)

Time : 1:07:56,882 (11'19"/km)

11/12

O.K.

[Full result on Webres](#)

1. De Carvalho	0:35:17,636
2. Manoel Ramos	0:38:27,835
3. Negão	0:41:37,382

1.	71	00:20:45		1980m	10'29"/km	DIVISÃO DE CATGORIAS
2.	72	00:02:13	00:22:58	160m	13'51"/km	RETORNO 6KM
3.	999	00:44:58	01:07:56	2800m	16'04"/km	CHEGADA

