



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Berg

10TEMIDOS

Course : 6 KM SOLO MASCULINO 50-59

Distance : 6000m (Climbing 180m)

Time : 0:52:49,054 (8'48"/km)

6/12

O.K.

[Full result on Webres](#)

1. De Carvalho	0:35:17,636
2. Manoel Ramos	0:38:27,835
3. Negão	0:41:37,382

1.	71	00:17:04		1980m	8'37"/km	DIVISÃO DE CATGORIAS
2.	72	00:02:03	00:19:07	160m	12'49"/km	RETORNO 6KM
3.	999	00:33:42	00:52:49	2800m	12'02"/km	CHEGADA

