



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Ciçonando

OXE! BORA CORRER?

Course : 6 KM SOLO MASCULINO 50-59

Distance : 6000m (Climbing 180m)

Time : 0:48:17,953 (8'03"/km)

5/12

O.K.

[Full result on Webres](#)

1. De Carvalho	0:35:17,636
2. Manoel Ramos	0:38:27,835
3. Negão	0:41:37,382

1.	71	00:14:25	1980m	7'17"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:45 00:16:10	160m	10'56"/km	RETORNO 6KM
3.	999	00:32:07 00:48:17	2800m	11'28"/km	CHEGADA

