



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Bolinha

PALMARINOS AVENTUREIROS

Course : 6 KM SOLO MASCULINO 50-59

Distance : 6000m (Climbing 180m)

Time : 0:43:13,937 (7'12"/km)

4/12

O.K.

[Full result on Webres](#)

1. De Carvalho	0:35:17,636
2. Manoel Ramos	0:38:27,835
3. Negão	0:41:37,382

1.	71	00:14:38	1980m	7'23"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:32 00:16:10	160m	9'35"/km	RETORNO 6KM
3.	999	00:27:03 00:43:13	2800m	9'40"/km	CHEGADA

