



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Negão

LAGOA AZEDA RUNNING

Circuit : 6 KM SOLO MASCULINO 50-59

Distance : 6000m (Dénivelé 180m)

Temps : 0:41:37,382 (6'56"/km)

3/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------|-------------|
| 1. De Carvalho | 0:35:17,636 |
| 2. Manoel Ramos | 0:38:27,835 |

1.	71	00:12:56		1980m	6'32"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:39	00:14:35	160m	10'19"/km	RETORNO 6KM
3.	999	00:27:02	00:41:37	2800m	9'39"/km	CHEGADA

