



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Silmara Farias

INDIV.

Course : 6 KM SOLO FEMININO 30-39

Distance : 6000m (Climbing 180m)

Time : 2:04:33,359 (20'45"/km)

24/28

O.K.

[Full result on Webres](#)

1. Karla França	0:46:41,308
2. Gil Silva	0:47:24,984
3. Lígia Barros	0:50:01,906

1.	71	00:29:03		1980m	14'40"/km	DIVISÃO DE CATGORIAS
2.	72	00:03:27	00:32:30	160m	21'34"/km	RETORNO 6KM
3.	999	01:32:03	02:04:33	2800m	32'53"/km	CHEGADA

