



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Karla França

PILAR RUNNING

Circuit : 6 KM SOLO FEMININO 30-39

Distance : 6000m (Dénivelé 180m)

Temps : 0:46:41,308 (7'47"/km)

1/28

O.K.

[Résultats complets sur Webres](#)

2. Gil Silva	0:47:24,984
3. Lígia Barros	0:50:01,906

1.	71	00:14:52	1980m	7'31"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:50 00:16:42	160m	11'27"/km	RETORNO 6KM
3.	999	00:29:59 00:46:41	2800m	10'43"/km	CHEGADA

