



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Quiel Santana , Kaique Casca De Bala

Lajenses aventureiros

Circuit : 12 KM DUPLA MASCULINA

Distance : 9400m (Dénivelé 286m)

Temps : 1:33:25,003 (9'56"/km)

10/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|-------------|
| 1. Ariel E Rafael | 1:01:29,980 |
| 2. Eri/val | 1:12:26,125 |
| 3. Alexandre / Edson | 1:16:27,437 |

1.	71	00:15:39	1980m	7'54"/km	DIVISÃO DE CATGORIAS
2.	73	00:37:25 00:53:04	4290m	8'43"/km	RETORNO 12KM
3.	999	00:40:21 01:33:25	3080m	13'06"/km	CHEGADA

