



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Jorge-Vitão

ENDORFINA

Circuit : 12 KM DUPLA MASCULINA

Distance : 9400m (Dénivelé 286m)

Temps : 1:21:27,332 (8'40"/km)

6/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|-------------|
| 1. Ariel E Rafael | 1:01:29,980 |
| 2. Eri/val | 1:12:26,125 |
| 3. Alexandre / Edson | 1:16:27,437 |

1.	71	00:13:27		1980m	6'48"/km	DIVISÃO DE CATGORIAS
2.	73	00:30:45	00:44:12	4290m	7'10"/km	RETORNO 12KM
3.	999	00:37:15	01:21:27	3080m	12'06"/km	CHEGADA

