



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Lima E Higor (pai Filho)

TRAIL RUN PARADISE

Circuit : 12 KM DUPLA MASCULINA

Distance : 9400m (Dénivelé 286m)

Temps : 1:18:21,656 (8'20"/km)

5/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|-------------|
| 1. Ariel E Rafael | 1:01:29,980 |
| 2. Eri/val | 1:12:26,125 |
| 3. Alexandre / Edson | 1:16:27,437 |

1.	71	00:13:35		1980m	6'52"/km	DIVISÃO DE CATGORIAS
2.	73	00:32:35	00:46:10	4290m	7'36"/km	RETORNO 12KM
3.	999	00:32:11	01:18:21	3080m	10'27"/km	CHEGADA

