



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Os Manos

El team

Course : 12 KM DUPLA MASCULINA

Distance : 9400m (Climbing 286m)

Time : 1:18:04,687 (8'18"/km)

4/18

O.K.

[Full result on Webres](#)

1. Ariel E Rafael	1:01:29,980
2. Eri/val	1:12:26,125
3. Alexandre / Edson	1:16:27,437

1.	71	00:14:00		1980m	7'04"/km	DIVISÃO DE CATGORIAS
2.	73	00:32:39	00:46:39	4290m	7'37"/km	RETORNO 12KM
3.	999	00:31:25	01:18:04	3080m	10'12"/km	CHEGADA

