



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Iolanda Lais E Rafael Rocha

EDSON LOURENÇO

Circuit : 6 KM DUPLA MISTA

Distance : 6000m (Dénivelé 180m)

Temps : 1:02:27,605 (10'25"/km)

11/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|-------------|
| 1. Tati E Xande | 0:42:42,234 |
| 2. Junior E Sophia | 0:46:32,781 |
| 3. Sandoval E Vanilla | 0:48:41,308 |

1.	71	00:18:13		1980m	9'12"/km	DIVISÃO DE CATGORIAS
2.	72	00:02:24	00:20:37	160m	15'00"/km	RETORNO 6KM
3.	999	00:41:50	01:02:27	2800m	14'56"/km	CHEGADA

