



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Antônio

10TEMIDOS

Course : 6 KM SOLO MASCULINO

Distance : 6000m (Climbing 180m)

Time : 1:01:23,609 (10'14"/km)

71/115

O.K.

[Full result on Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:17:04		1980m	8'37"/km	DIVISÃO DE CATGORIAS
2.	72	00:02:17	00:19:21	160m	14'16"/km	RETORNO 6KM
3.	999	00:42:02	01:01:23	2800m	15'01"/km	CHEGADA

