



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Marcos

SUPERAÇÃO RUNNER

Omloop : 6 KM SOLO MASCULINO

Afstand : 6000m (Hoogteverschil 180m)

Tijd : 0:56:47,152 (9'28"/km)

60/115

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:17:20		1980m	8'45"/km	DIVISÃO DE CATEGORIAS
2.	72	00:02:05	00:19:25	160m	13'01"/km	RETORNO 6KM
3.	999	00:37:22	00:56:47	2800m	13'21"/km	CHEGADA

