



# TRAIL RUN PARADISE - ETAPA 3

## SANTA LUZIA DO NORTE - AL 7.7.2024

### TRAIL RUN PARADISE

**Cláudio**

PILAR RUNNING

Course : 6 KM SOLO MASCULINO

Distance : 6000m (Climbing 180m)

Time : 0:55:51,132 (9'19"/km)

**58/115**

O.K.

[Full result on Webres](#)

- |                |             |
|----------------|-------------|
| 1. Natongo     | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef       | 0:32:26,734 |

|    |     |          |          |       |           |                      |
|----|-----|----------|----------|-------|-----------|----------------------|
| 1. | 71  | 00:18:08 |          | 1980m | 9'09"/km  | DIVISÃO DE CATGORIAS |
| 2. | 72  | 00:02:18 | 00:20:26 | 160m  | 14'22"/km | RETORNO 6KM          |
| 3. | 999 | 00:35:25 | 00:55:51 | 2800m | 12'39"/km | CHEGADA              |

