



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Aldo

TRAIL RUN PARADISE

Course : 6 KM SOLO MASCULINO

Distance : 6000m (Climbing 180m)

Time : 0:49:44,886 (8'17"/km)

48/115

O.K.

[Full result on Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:15:50	1980m	8'00"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:52 00:17:42	160m	11'40"/km	RETORNO 6KM
3.	999	00:32:02 00:49:44	2800m	11'26"/km	CHEGADA

