



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Jamynho

TRAIL RUN PARADISE

Course : 6 KM SOLO MASCULINO

Distance : 6000m (Climbing 180m)

Time : 0:48:35,078 (8'06"/km)

47/115

O.K.

[Full result on Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:15:32		1980m	7'51"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:53	00:17:25	160m	11'46"/km	RETORNO 6KM
3.	999	00:31:10	00:48:35	2800m	11'08"/km	CHEGADA

