



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

F. Júnior

SUPERAÇÃO RUNNER

Circuit : 6 KM SOLO MASCULINO

Distance : 6000m (Dénivelé 180m)

Temps : 0:48:09,132 (8'02"/km)

43/115

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:15:53	1980m	8'01"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:52 00:17:45	160m	11'40"/km	RETORNO 6KM
3.	999	00:30:24 00:48:09	2800m	10'51"/km	CHEGADA

