



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Milton

Caroá

Circuit : 6 KM SOLO MASCULINO

Distance : 6000m (Dénivelé 180m)

Temps : 0:43:09,531 (7'12"/km)

34/115

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------|-------------|
| 1. Natongo | 0:29:02,855 |
| 2. Lukas Ramos | 0:31:03,453 |
| 3. Allef | 0:32:26,734 |

1.	71	00:12:40		1980m	6'24"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:44	00:14:24	160m	10'50"/km	RETORNO 6KM
3.	999	00:28:45	00:43:09	2800m	10'16"/km	CHEGADA

