



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Gracenilda

PALMARINOS AVENTUREIROS

Circuit : 6 KM SOLO FEMININO

Distance : 6000m (Dénivelé 180m)

Temps : 1:51:36,652 (18'36"/km)

101/115

O.K.

[Résultats complets sur Webres](#)

1. Ranubia Bit Bit	0:33:16,683
2. Vanessa	0:36:17,132
3. Dany	0:40:00,359

1.	71	00:31:31		1980m	15'55"/km	DIVISÃO DE CATGORIAS
2.	72	00:04:12	00:35:43	160m	26'15"/km	RETORNO 6KM
3.	999	01:15:53	01:51:36	2800m	27'06"/km	CHEGADA

