



TRAIL RUN PARADISE - ETAPA 3

SANTA LUZIA DO NORTE - AL 7.7.2024

TRAIL RUN PARADISE

Gil Silva

LIFESTYLE RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 6000m (Hoogteverschil 180m)

Tijd : 0:47:24,984 (7'54"/km)

7/115

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|-------------|
| 1. Ranubia Bit Bit | 0:33:16,683 |
| 2. Vanessa | 0:36:17,132 |
| 3. Dany | 0:40:00,359 |

1.	71	00:14:57		1980m	7'33"/km	DIVISÃO DE CATGORIAS
2.	72	00:01:49	00:16:46	160m	11'21"/km	RETORNO 6KM
3.	999	00:30:38	00:47:24	2800m	10'56"/km	CHEGADA

