



**Training**  
**Eidt 7.7.2024**  
**O.L.G. St. Vith ARDOC**

**Heribert HAACK**

O.L.G. St. Vith ARDOC

Course : H:BAHN C

Distance : 3100m

Time : 0:51:47 (16'42"/km)

**2/4**

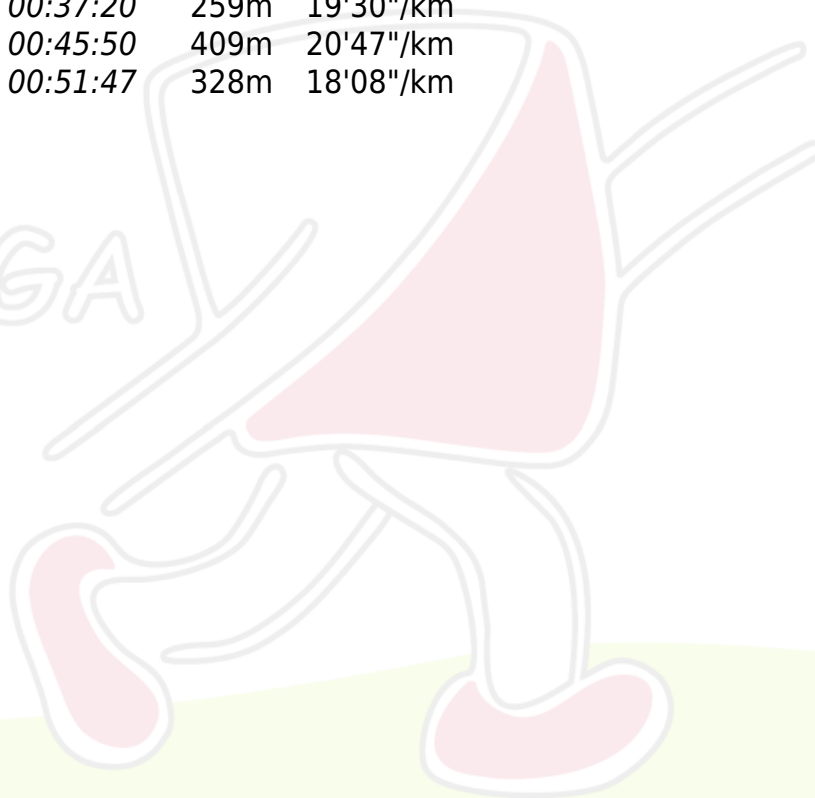
O.K.

[Full result on Webres](#)

|                   |         |
|-------------------|---------|
| 1. Andreas HOCK   | 0:40:50 |
| 3. Lucien TONNEAU | 1:06:57 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:04:15 |          | 344m | 12'21"/km |
| 2.  | 102 | 00:05:50 | 00:10:05 | 402m | 14'31"/km |
| 3.  | 103 | 00:02:39 | 00:12:44 | 166m | 15'58"/km |
| 4.  | 108 | 00:06:02 | 00:18:46 | 259m | 23'18"/km |
| 5.  | 104 | 00:05:36 | 00:24:22 | 353m | 15'52"/km |
| 6.  | 113 | 00:04:09 | 00:28:31 | 278m | 14'56"/km |
| 7.  | 222 | 00:03:46 | 00:32:17 | 261m | 14'26"/km |
| 8.  | 112 | 00:05:03 | 00:37:20 | 259m | 19'30"/km |
| 9.  | 118 | 00:08:30 | 00:45:50 | 409m | 20'47"/km |
| 10. | 120 | 00:05:57 | 00:51:47 | 328m | 18'08"/km |

HELGA



Orienteering Software