



Training
Eidt 7.7.2024
O.L.G. St. Vith ARDOC

Mike BRULS

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Circuit : H:BAHN B

Distance : 4100m

Temps : 0:48:20 (11'47"/km)

2/4

O.K.

[Résultats complets sur Webres](#)

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|----------------|---------|
| 1. Luca LENGES | 0:44:38 |
| 3. Ludwig KAUT | 0:55:48 |

1.	107	00:04:04		374m	10'52"/km
2.	102	00:05:53	00:09:57	415m	14'11"/km
3.	116	00:03:52	00:13:49	193m	20'02"/km
4.	108	00:03:36	00:17:25	390m	9'14"/km
5.	115	00:03:46	00:21:11	293m	12'51"/km
6.	117	00:04:32	00:25:43	314m	14'26"/km
7.	113	00:02:04	00:27:47	201m	10'17"/km
8.	222	00:02:48	00:30:35	261m	10'44"/km
9.	112	00:02:27	00:33:02	259m	9'28"/km
10.	110	00:04:29	00:37:31	442m	10'09"/km
11.	111	00:02:34	00:40:05	257m	9'59"/km
12.	118	00:03:59	00:44:04	361m	11'02"/km
13.	120	00:04:16	00:48:20	328m	13'00"/km

HELGA

Orienteering Software