



Training
Eidt 7.7.2024
O.L.G. St. Vith ARDOC

Elisabeth VLIEGEN

O.L.V. Eifel

Omloop : D:BAHN B

Afstand : 4100m

Tijd : 1:09:27 (16'56"/km)

4/6

O.K.

[Volledige uitslagen op Webres](#)

1. Daniela MAUSEN	0:42:14
2. Maria HENKES	0:46:58
3. Sylvia HENNES	1:01:19

1.	107	00:04:09		374m	11'06"/km
2.	102	00:07:44	00:11:53	415m	18'38"/km
3.	116	00:03:13	00:15:06	193m	16'40"/km
4.	108	00:04:58	00:20:04	390m	12'44"/km
5.	115	00:05:17	00:25:21	293m	18'02"/km
6.	117	00:06:43	00:32:04	314m	21'23"/km
7.	113	00:03:26	00:35:30	201m	17'05"/km
8.	222	00:05:58	00:41:28	261m	22'52"/km
9.	112	00:03:15	00:44:43	259m	12'33"/km
10.	110	00:09:10	00:53:53	442m	20'44"/km
11.	111	00:04:26	00:58:19	257m	17'15"/km
12.	118	00:06:51	01:05:10	361m	18'59"/km
13.	120	00:04:17	01:09:27	328m	13'04"/km

HELGA

Orienteering Software